



L-Carnitine 1000 mg

Item #0984

Purest L-Carnitine

L-Carnitine is regarded as a top supplement that any exerciser on a training program should incorporate into their diet. This naturally occurring amino acid plays vital roles in fat metabolism, allowing the body to burn more of its fat-stores, save more glycogen, and ultimately boost stamina and endurance naturally. Taking L-Carnitine 1000 before a workout results in maximum fat burning and a higher metabolic rate, as well as increased energy.

Serving Size: 1 Tablespoon		%DV
Vitamin B-5 (from D-Calcium Pantothenate)	10mg	100%
L-Carnitine	1000 mg	**