



DIETARY SUPPLEMENT

ACETYL L-CARNITINE

- Acetyl-L-carnitine, an amino acid naturally produced in the body, helps the body produce energy. It also plays an important role in heart and brain function, muscle movement and other body processes.
- It is easy to swallow and easy to digest
- Made with natural products capsuled in vegetable capsules, this product is free of raw materials and animal byproducts.

Analysis showed that the lowest levels occurred among participants whose symptoms were most severe, whose medical histories indicated they were resistant to previous treatments, or whose onset of the disorder occurred early in life. Acetyl-L-carnitine levels were also lower among those patients reporting a childhood history of abuse, neglect, poverty or exposure to violence.

<https://med.stanford.edu/news/all-news/2018/07/study-links-depression-to-low-blood-levels-of-acetyl-l-carnitine.html>

Studies show that Acetyl L Carnitine can:

- Improve blood flow to the brain (by having Acetyl L Carnitine administered by IV)
- Treat Peyronie's disease (a connective tissue disease in men)
- Improving memory problems in the elderly
- Improve memory problems in alcoholics

Used for a variety of mental disorders to include Alzheimer's disease, late-life depression and thinking problems, taking additional Acetyl L Carnitine can assist in making the above conditions better. Additionally, some men use this product to assist in helping with infertility.

Suggested use:

Take one capsule daily with a full glass of water. Intake 8-10 glasses of water per day.

SUPPLEMENT FACTS

Serving Size: 1 capsule | Servings Per Container: 100

Amount Per Serving	% D.V.
Acetyl L-Carnitine	200 mg *

